

Gastrointestinal and Liver Disorders: **Developments in the Last Year** 

Friday, October 29, 2021 • 7:30 am – 1:45 pm

### **PROVIDED BY:**

Rutgers Robert Wood Johnson Medical School Department of Medicine Division of Gastroenterology and Hepatology





#### **Overview**

New developments in diagnosis and treatment of gastrointestinal (GI) and liver disorders are complex and ever changing, with new research, clinical trials, techniques, and treatments rapidly altering the field. These advances present challenges for practitioners involved in managing patients with these disorders who must stay abreast of this new information and its application in clinical practice.

Specialists in the field of gastroenterology will provide useful information and wisdom that comes from varied experiences in treating GI and liver disorders. The latest clinical research findings and their application to clinical practice will be discussed. Topics presented will highlight the latest diagnostic techniques, management strategies, and research developments that impact the care of patients with GI and liver disorders.

Armed with the information from this activity, practitioners providing medical care for or co-managing patients with GI and liver disorders can make timely diagnostic, treatment and referral decisions in the context of patient choice and the resources within their communities. In addition, participants will be able to prepare the patient for what to expect from recommended tests, consultations and recommended treatment plans.

#### **Target Audience**

This activity is designed for gastroenterologists, primary care physicians, internists, advance practice nurses, nurses, pharmacists, physician assistants, fellows, and residents involved in the diagnosis, evaluation, management, and treatment of patients with GI and liver disorders. Additionally, social workers, case managers, and representatives of the medical insurance industry will find this activity useful.

#### **Learning Objectives**

Upon completion of this activity, participants should be better able to:

- Assess the latest evidence-based management for the care of patients with gastrointestinal and liver disease.
- Evaluate the clinical efficacy and safety of therapeutic options for the management of gastrointestinal and liver disease.
- Review recently published literature and professional society guidelines pertaining to the evaluation and treatment of gastrointestinal and liver disease.
- Evaluate the latest clinical research findings for gastrointestinal and liver disease management and their application into clinical practice.

#### **Accreditation**



In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Physicians:** Rutgers Biomedical and Health Sciences designates this live activity for a maximum of 5 *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** This activity is awarded 5 contact hours. (60-minute CH) Nurses should only claim those contact hours actually spent participating in the activity.

**Pharmacists:** This knowledge-based activity qualifies for 5 contact hours of continuing pharmacy education credit. Pharmacists should claim only those contact hours actually spent participating in the activity.

Pharmacists' NABP e-Profile ID and date of birth will be collected during registration. CPE credit will be processed after the program evaluation has closed to participants, which will be three to four weeks following the activity date.

Physician Assistants: AAPA accepts certificates of participation for educational activities certified for AAMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 5 Category 1 credits for completing this activity.

#### **ABIM MOC Points**



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance

of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

#### **Method of Participation**

In order to meet the learning objectives and receive continuing education credits, participants are expected to formally register for the activity, watch the webcast and complete an on-line evaluation at the conclusion of the activity. A letter certifying attendance and credit verification will be emailed to participants upon completion of the on-line evaluation.

# **Faculty**

### **Activity Director**

#### Vinod K. Rustgi, MD, MBA, FAASLD, FACP, AGAF, FACG, FRCP

Professor of Medicine, Clinical Director of Hepatology, Director, Center for Liver Diseases and Liver Masses, Professor of Pathology and Laboratory Medicine, Rutgers Robert Wood Johnson Medical School; Professor of Epidemiology, Rutgers School of Public Health. New Brunswick. NJ

#### **Guest Speakers**

#### Fredric D. Gordon, MD, AGAF, FAASLD, FAST

Vice-Chair, Division of Transplantation and Hepatobiliary Diseases, Director of Hepatology, Lahey Hospital and Medical Center, Burlington, MA; Associate Professor of Medicine, Tufts Medical School, Boston, MA

#### Fay Kastrinos, MD, MPH

Associate Professor of Medicine, Columbia University Irving Medical Center, New York, NY

#### Michael J. Ryan, MD

Professor of Medicine, Eastern Virginia Medical School, Norfolk, VA

### **Rutgers Robert Wood Johnson Medical School Faculty**

#### Steven R. Brant, MD

Professor of Medicine, Chief, Division of Gastroenterology and Hepatology, Executive Director, Crohns and Colitis Center of New Jersey; Adjunct Professor, Department of Genetics, Rutgers School of Arts and Sciences and The Human Genetics Institute of New Jersey

#### Carlos C. Minacapelli, MD

Hepatology Researcher

#### Anish V. Patel, MD

Assistant Professor of Medicine

#### Avik Sarkar, MD

Assistant Professor of Medicine, Director, Bariatric Endoscopy Program

#### Darren N. Seril, MD. PhD

Assistant Professor of Medicine, Director, Inflammatory Bowel Disease Program

#### Haroon Shahid, MD

Assistant Professor of Medicine, Director, Endoscopic Ultrasound

#### Amy Tyberg, MD

Associate Professor of Medicine, Director of Therapeutic Endoscopy, Associate Director of Endoscopy

#### Carolyn Catalano, MSN, APN, RN

Advanced Practice Nurse, Division of Gastroenterology and Hepatology

Peter Dellatore, MD, Gastroenterology Fellow

Kapil Gupta, MD, Gastroenterology Fellow

Briette Karanfilian, MD, Gastroenterology Fellow

Cindy Law, MD, Gastroenterology Fellow

Michael Makar, MD, Internal Medicine Resident

Evan Orosz, DO, Gastroenterology Fellow

Christopher Tait, Jr, MD, Gastroenterology Fellow

Ying Wang, MD, Gastroenterology Fellow

All individuals who affect the content of continuing education activities are required to disclose to the audience any real or apparent conflict of interest related to the activity. The activity faculty are further required to disclose discussion of off-label/ investigational uses in their presentations. These disclosures will be made to the audience at the time of the activity.

# **Program Agenda**

7:30 am	Virtual Exhibit Hall		
7:50 am	Welcome and Opening RemarksVinod K. Rustgi, MD, MBA		
8:00 am	Biosimilars in IBD		
8:30 am	Colon Cancer		
9:00 am	Eosinophilic Esophagitis:  Advances and New Approaches		
9:30 am	The Microbiome:  What Have We Learned in the Past Year?Michael J. Ryan, MD		
10:00 am	Break/Virtual Exhibit Hall		
10:20 am	Interventional Endoscopy:  New Techniques/GadgetsAvik Sarkar, MD, Haroon Shahid, MD and Amy Tyberg, MD		
11:35 pm	Break/Virtual Exhibit Hall		
11:55 am	Lunch and Learn: Concurrent Clinical Cases/Journal Club		
	IBDPeter Dellatore, MD and Christopher Tait, Jr, MD with Steven R. Brant, MD and Darren N. Seril, MD, PhD		
	Pancreatic Insufficiency Briette Karanfilian, MD and Evan Orosz, DO with Avik Sarkar, MD and Haroon Shahid, MD		
	HCC: ImmunotherapyKapil Gupta, MD and Cindy Law, MD with Fredric D. Gordon, MD and Vinod K. Rustgi, MD, MBA		
	COVID-19: Liver ManifestationsMichael Makar, MD and Ying Wang, MD with Carolyn Catalano, MSN, APN, RN and Carlos C. Minacapelli, MD		
12:45 pm	NASH and Liver Cancer:		
	Why It Is Important to Screen Fredric D. Gordon, MD		
1:15 pm	HCV/HBV/HEV:  New DevelopmentsVinod K. Rustgi, MD, MBA		
1:45 pm	Adjourn		

## **General Information**

Registration Fees	Through 10/15/2021	After 10/15/2021
Physicians	\$25	\$50
Non-Physicians (including residents and fellows*)	Complimentary	\$25

<sup>\*</sup>Registration must be accompanied by program director's letter confirming resident/fellow staus. Please upload your letter when registering or email to ccoe@rbhs.rutgers.edu or fax to 973-972-3371.

Registration fee includes continuing education credits and course material. Registration can only be accepted through our secure on-line website until **October 26, 2021**. Registration will not be confirmed until payment is received. If payment is not received in time for the activity, Rutgers reserves the right to cancel the registration.

# **Pre-registration is required.**

# To Register:

# https://rutgers.cloud-cme.com/RU27GISymposium

### **Course Material**

In an effort to provide the most complete materials to attendees and conserve resources, PDF versions of the lecture slides will be made available on-line to registered attendees. Additional information will be provided in future confirmation communications.

## **Confirmation**

Once registered, you will receive an email confirmation. As the activity date approaches, you will receive additional information to assist you with your plans to participate in this activity.

# **Virtual Meeting via WebEx**

Additional information and instructions for WebEx access will be emailed to registrants the week of October 25, 2021.

### **Cancellation Fee/Refund**

A full refund, less a \$25 cancellation fee, will be granted if notice is received no later than October 28, 2021. Refunds will not be issued for any cancellations received after October 28, 2021 and cannot be given for no shows. To cancel, please contact CCOE by email at ccoe@rbhs.rutgers.edu.

# **For Additional Information**

For additional information, questions, concerns, or if you require special arrangements to attend this activity, please contact CCOE by email at ccoe@rbhs.rutgers.edu.

Rutgers reserves the right to modify program content, faculty and program activities. It also reserves the right to cancel the activity if necessary.

Activity Code: 22MR02